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Change Your AURA Change Your LIFE

A Step-By-Step Guide to Unfolding Your Spiritual Power

By Barbara Y. Martin and Dimitri Moraitis

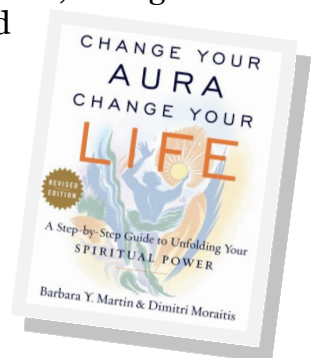
www.spiritualarts.org/

"An informed and informative self-help guide to harnessing personal spiritual energy."
—Midwest Book Review

"The best how-to book on the aura that I have ever read. The meditations Barbara offers are simple yet powerful tools that will dramatically improve your life."
—Donna Hale, Southern California Society for Psychical Research

We know that our AURA speaks of who we are, it can provide insight into the spiritual, emotional and physical aspects of our lives. If our lives are not what we want, Change Your Aura, Change Your Life is a must read. Authors Barbara Martin and Dimitri Moraitis demonstrate their clear comprehension of the aura by sharing personal experiences of aura viewing, along with over 90 meditations for achieving personal goals (such as improved health and prosperity). As Martin says so eloquently, You are the aura you radiate.

In Change Your Aura, Change Your Life, a Tarcher paperback on sale May 2016, you will Discover your source of unlimited spiritual energy! Everything you think, feel, and do radiates a spiritual energy that comes through in various colors and hues: This is your aura. The aura is your spiritual blueprint. By changing the quality of your aura, you can automatically change the quality of your life. In this groundbreaking book, renowned aura expert Barbara Martin, known as the Mozart of Metaphysics, leads you through her technique for improving the aura—a technique she has taught to thousands.



Whether you see auras or not, this breakthrough book reveals:

What the various colors of the aura mean and say about you.

How to work with the power rays of spiritual enrichment—including love, prosperity, healing, and wisdom.

More than 90 meditations to deepen personal relationships, advance your career, and transform destructive emotions. Whether you wish to strengthen a relationship, kick a bad habit, or come closer to God and your divine source, the spiritual process that can bring about these changes begins in your aura and Change Your Aura, Change Your Life fulfills that promise if you follow Martin's technique for improving your aura.

Tarcher/Penguin ♦ ISBN 978-1101983065 ♦ Trade Paper ♦ \$19.95 ♦ May 2016 ♦ 256 Pages



Because of her exceptional spiritual talents, **Barbara Y. Martin** is affectionately known as "the Mozart of Metaphysics." Born with the gift of seeing the aura in all its subtleties, Barbara was one of the first to lecture in-depth on the human energy field and is one of the foremost clairvoyants and metaphysical teachers in the world.

Barbara's work has been endorsed by medical luminaries such as Norman Shealy, and Dr. Richard Gerber, the author of "Vibrational Medicine". Her award winning books have been published in 30 countries, and have won numerous awards including the Benjamin Franklin award, and the Readers Preference award.

Barbara Y. Martin has been a practicing teacher/lecturer/counselor in the Southern California area for over forty years. To establish a home where others could come and learn about the aura and metaphysics, she co-founded Spiritual Arts Institute, a non-profit teaching and publishing organization based in Los Angeles. Barbara has taught literally thousands of people how to better their lives by working with the aura and spiritual energy.



Dimitri Moraitis is an accomplished metaphysical teacher, healer and is co-author of *Communing with the Divine, Karma and Reincarnation, The Healing Power of Your Aura* and *Change Your Aura, Change Your Life*.

Originally trained in Film/TV, Dimitri redirected his life's work early to pursue the path of metaphysics. Having worked with Barbara Y. Martin and metaphysics for 30 years, Dimitri has been instrumental in organizing the teaching material and bringing Spiritual Arts Institute to the place it is today. He is an eloquent speaker on a wide variety of spiritual topics. He has lectured across the country, appeared on numerous radio shows and teaches workshops and classes offered at the Institute with Barbara.



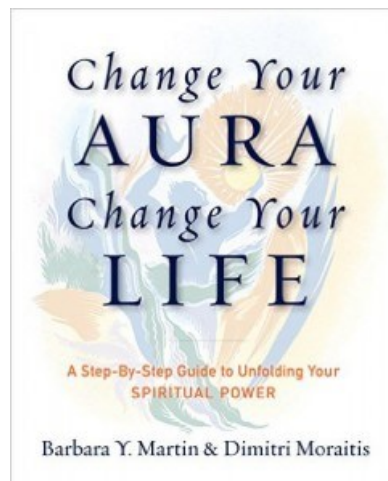
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Jan 1 2016

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[Attune Magazine Reviews](#)



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Review:

The Penguin /Tarcher edition is the third incarnation of this wonderful book that guides you in understanding the aura. This book goes beyond what we are used to seeing in a book about working with auric energies and is a must have for those who do energy work with clients.

A refreshed manuscript reflects Barbara's gained wisdom from many years of teaching the material. This is not a book that will teach you how to see auras and you don't need to be able to see auras to benefit from the teachings. Barbara states that her intention is to make working with auras and spiritual energies as clear, accessible and practical as possible. Added to this third edition is a chapter on the aura as it relates to your spiritual evolution. There is also a new chapter on the effect of the colors you wear on your auric field. Other new topics include understanding the inner aura and introducing children to the auric power.

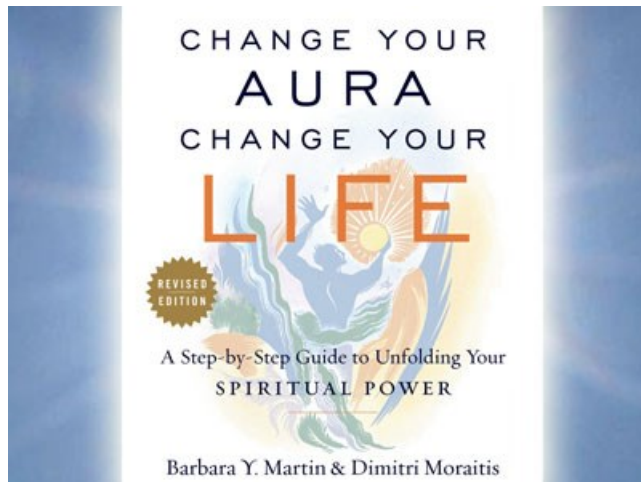
This is a fantastic book that makes working with the energies of the aura accessible to everyone. The meditations are easy to follow and the book is wonderfully written so that you can go at your own pace.

I highly recommend this book to healers of self and others.

Mary Nale

Change Your Aura Change Your Life

Your aura is alive and active. Find out how embracing your aura can change your life.



Barbara Martin hopes this book will inspire you to new spiritual heights; a miraculous spiritual force operates in the midst of us.

Although invisible to physical sensing, it is vividly alive and active. It is a part of us and we are a part of it. This force is known as the human energy field—the aura. In the following pages, we'll explore what the auric field is and how to improve it by working with spiritual energy. This book is designed to be a hands-on training manual in how you may work with the aura to improve the quality of your life. It introduces a powerful meditation tool for accessing an unlimited source of spiritual power that is simple and easy to follow.

The depth of activity that goes on within each of us, unseen by the physical eyes, is truly amazing. For anyone who has studied this subject, it becomes clear that there is far more to the unseen part of life than there is to the seen. It is my hope that this book will give you a greater knowledge of yourself, who you really are, and your unlimited potential as a spiritual being.

Every spiritual process described here has been experienced through my own direct clairvoyant observations. I was born with the gift of spiritual sight. From early childhood, I could see auras, and I had countless other spiritual visions as well. These experiences have always seemed normal. As a matter of fact, when I was very young, I assumed that everyone saw what I did. It was a rude awakening when I found out that they didn't.

Clairvoyance (from the French, for "clear seeing") is the ability to observe the normally invisible spiritual processes of life. I was about three years old when my spiritual sight opened to the beautiful world of auras. I began by seeing them around people and things. Though I had little comprehension of what I was seeing, I remember watching the auras around my parents and siblings and noticing how the colors would change according to their moods and actions. I remember taking trips into the country and seeing the auras around trees and flowers and thinking how beautiful life is. And how God must be everywhere.

I had an experience when I was about four years old that taught me an important lesson about my abilities. My father was a Greek Orthodox priest who had wonderful engineering skills as well. The archdiocese would send him to various towns to build a church and then build up a congregation. He did this in many places around the country, always with great success. As a result, our family constantly moved, which wasn't always easy on us. I had three brothers and two sisters. Living on a priest's salary was quite a feat in those days, especially considering that we moved so often. How my mother was able to keep us happy and well cared for could be a book in itself—she did a wonderful job.

Change Your Aura Change Your Life

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One day, we all went to the dedication of a new church. It was a major event, and our family was a big part of it. The archbishop had come from the Archdiocese of New York. There were thousands of people. The archbishop stood very regal, resplendent in his tiara and cross before the altar. Beside him, to his right and left, were two bishops who were officiating with him. I studied the aura of the archbishop and found his energy field to be menacing. Instead of brilliant, uplifting colors, he had dark, grotesque colors emanating from him. However, the bishop to his right, who was lower in rank, had a very beautiful aura with striking pearl luster colors.

In the Greek Orthodox faith, it is customary to kiss the hand of the officiating archbishop, priest, or bishop. When it was our turn to go down the aisle and kiss the hand of the archbishop, I refused. My mother insisted. In front of the whole congregation, I screamed, “No, he’s a monster! He eats children!” Needless to say, my mother took me out and gave me a good spanking.

So I learned that this gift could be a curse as well as a blessing. Who wants to see ugly energies around someone—especially a family member or loved one? I learned to keep quiet about what I saw and to shut off these gifts when I needed to, so I wouldn’t be overwhelmed.

In my teens, I learned that it was possible not only to observe the aura, but to change and improve it. I also became aware that I was not alone in this process, that I was being helped by beings from the spirit world. From childhood, I could see them, but as I grew older, they were making their presence much more known to me.

In my twenties, I embarked on a training program with these celestial beings, who instructed me in many facets of the spiritual world. This training eventually led to my becoming a teacher of metaphysics, including most of the principles imparted in this book. I also had an important spiritual teacher in the physical world who taught me and helped prepare me for the rigors of teaching.

When it came time for me to begin my professional work, I hesitated. I was working at an insurance company at the time, a single mother supporting two children, and this spiritual work seemed like a risky venture, even though I knew its value. I also knew how much responsibility was involved in being a spiritual teacher and wasn’t sure I was up to the task. However, I was prompted—in the most unusual of ways—by many who saw that I had something to offer. By the time I was in my early thirties, I had given up my job and begun teaching metaphysics full-time. I’ve been teaching ever since.

Your Spiritual Bank Account

Imagine a bank account in your name with unlimited cash reserves awaiting your use. First you’d say it was impossible, but if you saw the account and were actually able to make a cash advance, things would change, wouldn’t they? Right now, you have the ability to tap an unlimited, spiritual reservoir of energy that can help you in every aspect of your life. Think of it as your spiritual bank account. Need more love in your life? Bring in the energy that is the embodiment of love. Looking for new inspiration? Call on the energy that inspires new ideas. How about more prosperity? Draw in the very power that manifests wealth. This spiritual account of living light is far more valuable than any cash account could ever be, and nothing is asked of you other than to use it.

This gift from God is one of the essential keys to developing a better life. By tapping into this spiritual account, you can greatly quicken your personal and spiritual progress. You can produce what you want faster, solve personal problems more effectively, and be able to help others to a greater degree.

Amazon Customer Review

1 of 1 people found the following review helpful

5.0 out of 5 stars Coming into contact with and harnessing personal spiritual energy, May 31, 2016

By Grady Harp

This review is from: Change Your Aura, Change Your Life (Revised Edition) (Paperback)

Clairvoyant and metaphysical teacher Barbara Y. Martin is one of the first lecturers on the aura and the human energy field, speaking throughout the United States. She and co-author Dimitri Moraitis are cofounders of the renowned Spiritual Arts Institute and joined forces in writing *Karma and Reincarnation*, *The Healing Power of Your Aura*, and *Communing with the Divine*.

We often speak of the auras of others, but do we really understand our own aura? That is what this book is about – unfolding our spiritual power through coming into our aura, exploring the energies and colors and meanings of our aura, and welcoming the change that acquaintance and marriage to our aura brings.

As the back cover of the book states, 'Discover your source of unlimited spiritual energy! Everything you think, feel, and do radiates a spiritual energy that comes through in various colors and hues: This is your aura. The aura is your spiritual blueprint. By changing the quality of your aura, you can automatically change the quality of your life. Whether you see auras or not, this breakthrough book reveals what the various colors of the aura mean and say about you, how to work with the power rays of spiritual enrichment--including love, prosperity healing, and wisdom, and offers more than 90 meditations to deepen personal relationships, advance your career, and transform destructive emotions allowing you to become more spiritual and closer to God.'

The book is enhanced with many richly colored pages of illustrated characters defining the colors and their meanings, the manner in which auras emanate, and in general allow us to see at last what now we will be able to see from the guidance of Barbara and Dimitri. This is an enlightening, illuminating volume and an experience we all should share

Grady Harp, May 16

Interview Questions

- ✦ What is the aura?
- ✦ What does the aura look like?
- ✦ What do the various colors of the aura mean?
- ✦ Does the aura change?
- ✦ Why is the aura important in your life?
- ✦ Can I learn to see the aura?
- ✦ In what way does the aura help me?
- ✦ Can I work with the aura if I can't see it?
- ✦ How do I know what my aura looks like if I can't see it?
- ✦ How can I change my aura?
- ✦ How does changing my aura change my life?
- ✦ Does everyone have an aura?
- ✦ What is spiritual energy?
- ✦ How does meditation help to change my aura and improve my life?
- ✦ How does spiritual energy help in healing?
- ✦ Do the color clothes I wear affect my aura?
- ✦ Can working with spiritual energy help me to grow spiritually?
- ✦ Can I teach my children to meditate with Divine Light?
- ✦ How can I work with the aura to increase my prosperi-